

September 2023

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>Cheerios Cereal w/ Honey Grahams Vanilla Mini Loaf w/ String Cheese Pear (1/2 C) Apple</p>
<p>4</p>	<p>5</p> <p>Vanilla Concha Cinnamon Crumble Pear Apple (1/2 C)</p>	<p>6</p> <p>Cinnamon Chex Cereal w/ Honey Grahams Berry Apple Zee Zee Bar 100% Fruit Juice 4 oz Apple</p>	<p>7</p> <p>Blueberry Muffin Pear Banana (1/2 C)</p>	<p>8</p> <p>Cheerios Cereal w/ Honey Grahams Pear (1/2 C) Apple</p>
<p>11</p> <p>Frosted Flakes Cereal w/ Honey Grahams Mantecada Sweet Bread Orange (1/2 C) Apple</p>	<p>12</p> <p>Vanilla Concha Pear Orange (1/2 C)</p>	<p>13</p> <p>Cinnamon Chex Cereal w/ Honey Grahams Cinnamon Roll 100% Fruit Juice 4 oz Apple</p>	<p>14</p> <p>Vanilla Muffin Pear Banana (1/2 C)</p>	<p>15</p> <p>Cheerios Cereal w/ Honey Grahams Cranberry Oatmeal Round Pear (1/2 C) Apple</p>
<p>18</p> <p>Frosted Flakes Cereal w/ Honey Grahams Cinnamon Bar Orange (1/2 C) Apple</p>	<p>19</p> <p>Vanilla Concha w/ Pear Strawberry Yogurt Parfait w/ Honey Grahams Orange (1/2 C)</p>	<p>20</p> <p>Cinnamon Chex Cereal w/ Honey Grahams Banana Bread 100% Fruit Juice 4 oz Apple</p>	<p>21</p> <p>Lemon Muffin Pear Banana (1/2 C)</p>	<p>22</p> <p>Cheerios Cereal w/ Honey Grahams Vanilla Mini Loaf w/ String Cheese Pear (1/2 C) Apple</p>
<p>25</p> <p>Frosted Flakes Cereal w/ Honey Grahams Cinnamon Crumble Orange (1/2 C) Apple</p>	<p>26</p> <p>Vanilla Concha Pear Orange (1/2 C)</p>	<p>27</p> <p>Cinnamon Chex Cereal w/ Honey Grahams Berry Apple Zee Zee Bar 100% Fruit Juice 4 oz Apple</p>	<p>28</p> <p>Blueberry Muffin Pear Banana (1/2 C)</p>	<p>29</p> <p>Cheerios Cereal w/ Honey Grahams Pear (1/2 C) Apple</p>



All entrées served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich. This institution is an equal opportunity provider. **Menus are subject to change without notice.**